



Camp Accomplish is a fully inclusive, American Camp Association-accredited program that is anchored by a philosophy of inclusion. Nestled on 108 acres of beautiful land in Nanjemoy, Maryland, kids enjoy activities such as swimming, horseback riding, wall climbing, ropes courses, creative arts, canoeing, and more.

### CAMP ACCOMPLISH OVERNIGHT

Campers enjoy a wide variety of daily activities from Sunday afternoon to Friday afternoon. Overnight camp is a great place for campers, ages 8-18, to gain independence, make lasting friendships, and explore new opportunities.

### CAMP ACCOMPLISH DAY

The Day Camp program runs from 8:00 am - 5:00 pm, Monday-Friday. Day campers, ages 5-18, enjoy many of the same activities as our overnight campers, but they return home each evening to share the day's adventures with family and rest up for the next fun-filled day.

### AQUATICS CLUB

Campers will spend their morning activity (club) session at the pool. All ages and abilities are welcome. This club is recommended for campers who want to become more comfortable in the water and gain valuable skills like breathing techniques, treading water, and stroke development.



### EQUESTRIAN SUMMER PROGRAMS

#### *Equestrian Club Session*

Day and overnight campers will spend their morning activity (club period) at the barn. This club is recommended for Camp Accomplish Campers who are interested in increasing their riding and horsemanship skills.

#### *Intermediate Equestrian Camp*

Overnight campers enjoy extended time participating in equestrian activities including riding, horsemanship skills, field trips, and learning about various equestrian activities. This camp is for intermediate-level riders.

#### *Advanced Equestrian Camp*

Overnight campers who have reached more advanced levels will have an opportunity to further their equestrian skills and enjoy the week with other young riders.

### SESSIONS ARE HELD JUNE-AUGUST

[RecreationCenter@Melwood.org](mailto:RecreationCenter@Melwood.org)  
301.870.3226

9035 Ironsides Road, Nanjemoy, Maryland  
*Transportation is offered from various pickup locations*

## ACCESS ADVENTURES

Melwood's Access Adventures provides fun and relaxation through well-planned programs for people of differing abilities. We focus on small group, community-based respite offerings for people who may not otherwise have the opportunity to enjoy this type of experience and is designed for individuals of differing abilities who are 18 years or older.



Access Adventures participants have enjoyed supported programs to exciting locations like:

Disney World  
Hershey Park  
Myrtle Beach  
Virginia Beach  
Pennsylvania, and more!

For those who wish to remain close to home, we customize adventures in our backyard at the Melwood Recreation Center in Nanjemoy, MD.

- Support on a 1:4 staff to participant ratio.
- Staff certified in CPR and First Aid.
- Certified Medication Administrators accompany all programs to oversee the dispensing of medication with a registered nurse on-call during each supported respite program.

### Contact:

(301) 870-3226 • [RecreationCenter@Melwood.org](mailto:RecreationCenter@Melwood.org)  
[Melwood.org/recreation-programs/access-adventures](http://Melwood.org/recreation-programs/access-adventures)

*Individuals needing additional assistance based on behavioral or physical needs can be accommodated for an additional fee. Access Adventures does not guarantee in-room 24-hour supervision; our staff support the participants during normal waking hours. If in-room supervision is required, it must be pre-arranged and there will be an additional cost. All participants need to complete an online Registration form and Skills Analysis form prior to being accepted for the Access Adventures program.*

## EQUESTRIAN PROGRAM

Our riders are provided with a mix of basic equestrian and horsemanship skills. When not riding, our programming strengthens the rider's understanding of how to care for horses and the importance of safety around these animals. All riding lessons will be paced to the individual rider's needs and comfort level. All riders will receive individualized riding instruction from our experienced and certified staff of riding instructors.

Our Program Offers:

- General Horsemanship & Therapeutic Lessons
- Unified Teams
- Specialty Camps & Clubs
- Special Events & Programs



Our Staff:

The Equestrian Program is supported by qualified and enthusiastic staff members and volunteers who strive to make riding and working with horses a positive experience for all participants. Our instructors are certified by organizations like the Certified Horsemanship Association (CHA) and the Professional Association of Therapeutic Horsemanship (PATH), an international accrediting and certifying organization for Equine Assisted Activity and Therapy Programs.

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[Melwood.org/recreation-programs/ride](http://Melwood.org/recreation-programs/ride)